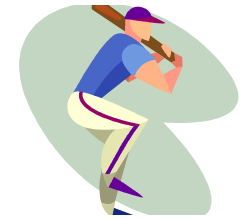


Spring-ICS Hot LUNCH 4th to 8th

Thanks for your Participation!!



FOUR SEASONS
food service management



Lunch Combos
Choice of one Entrée served with two sides and beverage

Small Combo \$8.50
small 8oz. drink of water, juice or milk.

Large Combo \$8.75
12oz. Can drink, capri sun or 16oz. water

A` la Carte Items
\$2.75

Fresh baked cookies
Ice cream
Hot soft pretzel
Bag Snacks \$2.50

Assorted beverages
\$1-\$2.75
Water, milk, juice,
Capri Sun, Snapple & Gatorade

Pre Order Available for Salads & Wraps, Gluten Free & Vegetarian options @fस्पreorder.com Order the day before after 3 pm until 8:30 am. day of **

Gluten Free Select Items Available Daily in

	Mon	Tue	Wed	Thu	Fri
Week 1 5/04	Chicken tenders Hot dog Pasta w/ Alfredo sauce Served w/orange wedges, broccoli	Chicken nuggets Grilled cheese Lo Mein Served w/ vegetable stir fry apple slices	Chicken quesadillas Mac & cheese wedges Hamburger/cheeseburger Served w/ fries Spanish rice	Crispy chicken burrito, Panini- Italian Popcorn Chicken Served w/ tater tots, apple slices	Pizza Pasta w/light pink sauce Mozzarella sticks served w/salad curly fries
Week 2 5/11	Chicken Tenders Meatball sub Spaghetti marinara Served w/fries mixed vegetables	Chicken nuggets Pizza bites Sesame chicken served w/ white rice orange wedges	Chicken fries, Grilled cheese Hot turkey with gravy, Served w/ Cheesy potatoes steamed corn	Hamburger/cheeseburger Macaroni & cheese Crispy chicken wrap Served w/ tater tots apple slices	Pizza Pasta w/light pink sauce Mozzarella sticks Served w/fries garden salad
Week 3 5/18	Corn dog nuggets Steak & cheese sub Fusilli pasta w/ butter sauce Served w/ tater tots, vegetable of the day	Chicken nuggets Jamaican beef patty Taco Tuesday (beef) Served w/steamed corn Spanish rice	Popcorn chicken Empanadas (beef) Panini- Turkey, bacon, & cheese Served w/green bean salad Fresh fruit	Pizza Pasta w/light pink sauce Mozzarella sticks Chicken fries Served w/fries garden salad	
Week 4 5/25		Chicken nuggets Grilled cheese Pizza bites Served w/tater tots, diced pears	Chicken quesadillas Mac & cheese wedges Chicken parm burrito Served w/corn, Spanish rice	Hamburger/cheeseburger Popcorn chicken Spaghetti marinara Served w/French fries Vegetable of the day	Pizza Pasta w/light pink sauce Mozzarella sticks served w/salad curly fries
				Sign Up for Low Balance Reminders	

Menu begins with your schools corresponding first day of the month.
Please skip daily menu for school closings/ holidays & non- service days-
Refer to your school calendar
For Dietary or Allergy Questions email us @fourseasonsfsm@aol.com

visit us @Fourseasonsfsm.com

Featuring
Boar's Head
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